



OUR LADY'S MESSENGER

Newsletter for parish members of
Seven Sorrows of the Blessed Virgin Mary
Middletown, Pennsylvania

June/July 2009

IN THIS ISSUE

MOST HOLY TRINITY
— DAN SAMARIN
PAGE 1

PILGRIMAGES — VERY
SPECIAL OCCASIONS FOR
RENEWAL IN PRAYER
— CAROLYN ASTFALK
PAGE 2

AS THE GENTLE WINDS OF
CHANGES BLOW
— CHERYL HAVILAND
PAGE 4

PARISH NEWS AND
INFORMATION
PAGE 4

Most Holy Trinity

The feast of The Most Holy Trinity was celebrated in our universal Catholic Church on Sunday, June 7th.

Jesus taught us how to think of God; and the Sign of the Cross is our constant acknowledgment and reminder that we talk about God as Three in One, as the Holy Trinity.

The Sign of the Cross is a form of expression we as Catholics use to enter into either private or public prayer during the day. Whether we use the Sign of the Cross before and after morning or evening prayers, during grace at meals or at the start of any public prayer service, we are acknowledging our belief in The Holy Trinity as God the Father, Son and Holy Spirit.

The Sign of the Cross is an entry point for meditation on the mystery of God. It reveals His presence among us in more than one way as Father, Son and Holy Spirit; and when we say Amen, we are affirming our connection to the cross of Jesus Christ.

Once used as an instrument of torture and death, the cross is now a sign of the human person and Divine Being. It symbolizes our ultimate freedom and life with God.

The Catechism of the Catholic Church, #261 says, "the mystery of the Most Holy Trinity is the central mystery of the Christian faith and of Christian life."

Holy, holy, holy! Lord God
Almighty!

Early in the morning our song
shall rise to thee.

Holy, holy, holy! Merciful and
mighty, God in three Persons,
blessed Trinity.

Sacred scripture teaches us, "God is Love." He is not a God who lives in isolation but One living in communion with the world.

Early Jewish-Christian believers were the first to experience the power of the Holy Trinity. Believers in the one God, they observed Jesus' divine mercy. His